

**General overview of the project:**

Project **A Step forward in Wellbeing in the field of Adult Education- Wellness 2** is developed within Erasmus + Programme, Key Action 2: Cooperation for innovation and the exchange of good practices and is a 2-year project starting from September 2019 and ending in August 2021.

**Main objective:**

The project focuses on ensuring a **well-being learning environment** in adult education. Well-being of learners, teachers and training managers is the basis for effective teaching and learning.

**Target groups:**

- ✓ Adult learners
- ✓ Adult trainers;
- ✓ Management and staff of institutions providing adult education;
- ✓ Formal and non-formal adult education institutions;

**The following outputs will be developed:****IO1 Map of Wellbeing in adult education**

State of the art analysis of the wellbeing in adult education including good practice examples from the partner countries and focus groups reports from adult learners; trainers and staff.

**IO2 Training tools**

Teaching methodology tailored to the wellbeing needs of adult trainees and trainers; Set of tool for the development of the necessary technical and soft skills for trainers for facilitating wellbeing-oriented adult learning environments.

**IO3 Protocol**

Protocol covering all key aspects of the learning environment for its validation as a “wellbeing learning environment”.

**Wellness2 partnership consists of:**

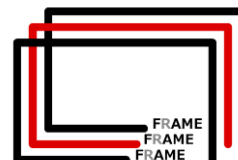
**Estonian Non-Formal Adult Education Association (ENAEA), Estonia – coordinator**



**ENOROS CONSULTING LIMITED, Cyprus**



**PROMIMPRESA SRL, Italy**



**Foundation for the Development of International and Educational Activity (FRAME), Poland**



**Promozione Internazionale Sicilia Mondo (PRISM), Italy**



European Center for Quality  
*from the idea to the result*

**European Center for Quality Ltd, Bulgaria**



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